

# 30. Werbellinsee Triathlon 2026

## Ergebnisse: Volkstriathlon Frauen

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand
1	1088	Merja Ruddat	DLRG Oder Spree	wJugB	1	0:47:48	0:09:22(1)	21:44(1)	0:31:06(1)	16:42(3)	
2	1089	Alica Katharina Mesenberg	Triathlon Potsdam e.V.	wJugB	2	0:48:55	0:10:05(3)	23:10(5)	0:33:15(2)	15:40(1)	0:01:07
3	1085	Emilia Klette	BSV Friesen 1895 e.V.	wJugB	3	0:52:56	0:10:09(4)	23:54(6)	0:34:03(3)	18:53(10)	0:05:08
4	1078	Ricarda Eichhorn		wAK20	1	0:54:03	0:14:04(24)	23:04(4)	0:37:08(8)	16:55(4)	0:06:15
5	916	Ramona Dierig	BikePro.de	wAK45	1	0:54:28	0:13:32(16)	21:53(2)	0:35:25(5)	19:03(13)	0:06:40
6	1087	Sophia Hasenbank	Friesen	wJugB	4	0:54:41	0:11:45(10)	26:21(21)	0:38:06(11)	16:35(2)	0:06:53
7	1093	Pauline Grünberg		wJugB	5	0:54:58	0:12:08(11)	24:58(11)	0:37:06(7)	17:52(6)	0:07:10
8	1047	Judith Gartmann	Hartmut Harting Gang	wAK35	1	0:55:07	0:11:28(9)	25:06(12)	0:36:34(6)	18:33(8)	0:07:19
9	1035	Jennifer Gül	SISU	wAK40	1	0:56:02	0:11:15(8)	26:13(20)	0:37:28(9)	18:34(9)	0:08:14
10	1076	Luise Chomek		wAK25	1	0:56:29	0:13:47(21)	25:24(15)	0:39:11(17)	17:18(5)	0:08:41
11	1098	Frieda Gest	SCN - Triathlon	wSchA	1	0:57:43	0:10:02(2)	28:11(40)	0:38:13(12)	19:30(16)	0:09:55
12	1064	Laura Daniela Rojas Vargas		wAK30	1	0:57:52	0:14:01(23)	24:39(10)	0:38:40(15)	19:12(14)	0:10:04
13	1082	Josephina Jung		wAK20	2	0:59:12	0:14:38(30)	22:58(3)	0:37:36(10)	21:36(30)	0:11:24
14	1094	Mara de Lippe	BSV Friesen 1895 e.V.	wJugB	6	0:59:14	0:11:13(7)	27:03(27)	0:38:16(13)	20:58(28)	0:11:26
15	1100	Julia Bartels		wAK35	2	0:59:19	0:13:39(20)	25:10(13)	0:38:49(16)	20:30(24)	0:11:31
16	1027	Julia Burger	Sv stahl	wAK40	2	0:59:26	0:14:45(31)	24:30(8)	0:39:15(18)	20:11(19)	0:11:38
17	1096	Lydia Graf	BSV Friesen 1895	wSchA	2	0:59:43	0:11:06(6)	29:06(48)	0:40:12(19)	19:31(17)	0:11:55
18	1097	Louisa Hasenbank	Friesen	wSchA	3	0:59:57	0:13:01(14)	28:46(45)	0:41:47(26)	18:10(7)	0:12:09
19	1029	Heike Dybeck		wAK40	3	1:00:15	0:13:35(17)	27:39(34)	0:41:14(23)	19:01(11)	0:12:27
20	1037	Auriella Haßhoff		wAK40	4	1:00:20	0:13:47(21)	24:30(8)	0:38:17(14)	22:03(35)	0:12:32
21	1072	Anna-Lena Mrugalla		wAK25	2	1:00:49	0:15:10(33)	25:12(14)	0:40:22(20)	20:27(23)	0:13:01
22	1113	Lilli Charlotte Noweski		wJugA	1	1:01:50	0:14:14(27)	27:14(29)	0:41:28(25)	20:22(22)	0:14:02
23	1022	Magdalena Köller		wAK45	2	1:02:07	0:16:28(50)	26:21(21)	0:42:49(31)	19:18(15)	0:14:19
23	1115	Alva Buchholz		wSchA	4	1:02:07	0:14:16(28)	28:49(46)	0:43:05(33)	19:02(12)	0:14:19
25	1058	Valentina Vey		wAK30	2	1:03:32	0:15:44(38)	27:30(30)	0:43:14(34)	20:18(21)	0:15:44
26	1077	Kaja Stegelmann		wAK20	3	1:03:58	0:17:12(59)	25:50(17)	0:43:02(32)	20:56(27)	0:16:10
26	1068	Nina Müller		wAK25	3	1:03:58	0:15:17(34)	27:58(37)	0:43:15(35)	20:43(25)	0:16:10
28	1039	Stefanie Buhr		wAK40	5	1:04:30	0:15:49(42)	26:30(25)	0:42:19(27)	22:11(36)	0:16:42
29	1069	Lena Wernstedt		wAK25	4	1:04:40	0:14:13(25)	26:24(24)	0:40:37(22)	24:03(49)	0:16:52
30	1010	Nicola Anklam	TVB09	wAK50	1	1:04:41	0:14:13(25)	26:12(19)	0:40:25(21)	24:16(52)	0:16:53
31	1038	Bettina Fischer		wAK40	6	1:04:49	0:15:57(45)	26:23(23)	0:42:20(28)	22:29(38)	0:17:01
32	1012	Anja Prause		wAK45	3	1:04:52	0:17:49(64)	26:09(18)	0:43:58(42)	20:54(26)	0:17:04
33	1017	Marie Döhne		wAK45	4	1:05:21	0:14:19(29)	29:20(51)	0:43:39(38)	21:42(32)	0:17:33
34	1026	Nadine Schulz		wAK45	5	1:05:23	0:16:17(48)	27:36(32)	0:43:53(41)	21:30(29)	0:17:35
35	1091	Mia Zincke	SVMV	wJugB	7	1:05:44	0:14:50(32)	27:31(31)	0:42:21(29)	23:23(44)	0:17:56
36	1062	Josephine Hellweg		wAK30	3	1:05:49	0:16:42(53)	26:46(26)	0:43:28(37)	22:21(37)	0:18:01
37	1080	Berit Stützel	TVB09	wAK20	4	1:06:04	0:13:07(15)	29:36(53)	0:42:43(30)	23:21(42)	0:18:16
38	1084	Lotte Paaßen		wJugA	2	1:07:18	0:13:37(19)	27:38(33)	0:41:15(24)	26:03(63)	0:19:30
39	384	Nadine Köcke		wAK45	6	1:07:29	0:15:59(46)	31:16(61)	0:47:15(56)	20:14(20)	0:19:41
40	1042	Christine Lüdert	Urologie Oranienburg	wAK40	7	1:07:31	0:18:48(71)	25:43(16)	0:44:31(44)	23:00(40)	0:19:43
41	1028	Katja Lösche		wAK40	8	1:07:47	0:15:54(44)	27:48(35)	0:43:42(39)	24:05(50)	0:19:59
42	1009	Daniela Westhaus		wAK50	2	1:07:57	0:16:05(47)	27:11(28)	0:43:16(36)	24:41(54)	0:20:09
43	1070	Nele Iezzi		wAK25	5	1:08:02	0:15:24(35)	28:23(41)	0:43:47(40)	24:15(51)	0:20:14
44	1053	Sandra Pellack		wAK35	3	1:08:05	0:15:29(36)	28:43(44)	0:44:12(43)	23:53(47)	0:20:17
45	1004	Annett Goll		wAK55	1	1:08:35	0:16:54(56)	27:55(36)	0:44:49(47)	23:46(45)	0:20:47
46	1025	Susan Heinel		wAK45	7	1:08:41	0:16:47(54)	28:05(39)	0:44:52(48)	23:49(46)	0:20:53
47	1044	Claudia Dambacher		wAK40	9	1:08:56	0:20:48(80)	28:03(38)	0:48:51(66)	20:05(18)	0:21:08
48	1036	Nadja Böhme		wAK40	10	1:09:09	0:16:37(51)	30:34(58)	0:47:11(55)	21:58(34)	0:21:21
49	1040	Katja Schlömer		wAK40	11	1:09:18	0:15:32(37)	30:25(57)	0:45:57(51)	23:21(42)	0:21:30
50	1014	Christina Rähler		wAK45	8	1:09:44	0:16:55(57)	31:08(59)	0:48:03(64)	21:41(31)	0:21:56
51	1008	Astrid Ewe		wAK55	2	1:10:34	0:18:56(72)	28:52(47)	0:47:48(62)	22:46(39)	0:22:46
52	1002	Sylke Gust		wAK60	1	1:10:52	0:17:30(63)	28:29(42)	0:45:59(52)	24:53(55)	0:23:04
53	1019	Ina Koslowski		wAK45	9	1:11:02	0:16:18(49)	29:42(54)	0:46:00(53)	25:02(57)	0:23:14
54	1030	Linn Porz		wAK40	12	1:11:17	0:18:01(66)	29:19(50)	0:47:20(57)	23:57(48)	0:23:29
55	1056	Anne Schwuchow		wAK30	4	1:11:53	0:13:35(17)	32:19(67)	0:45:54(50)	25:59(62)	0:24:05
56	1095	Svenja Ayleen Westhaus	DLRG Hennigsdorf	wJugB	8	1:12:06	0:12:59(13)	31:40(65)	0:44:39(45)	27:27(68)	0:24:18
57	1081	Leonie Gasior		wAK20	5	1:12:11	0:17:04(58)	29:54(55)	0:46:58(54)	25:13(58)	0:24:23
58	75	Sylvie Fitzner		wAK35	4	1:12:15	0:16:51(55)	32:20(68)	0:49:11(67)	23:04(41)	0:24:27
59	1032	Maria Salz		wAK40	13	1:12:30	0:17:19(61)	33:20(71)	0:50:39(70)	21:51(33)	0:24:42
60	1007	Birte Hornberger		wAK55	3	1:12:38	0:15:50(43)	31:30(62)	0:47:20(57)	25:18(59)	0:24:50
61	1020	Joanna Panek-Maywald		wAK45	10	1:12:53	0:15:45(40)	31:37(63)	0:47:22(60)	25:31(60)	0:25:05
62	1066	Sandra Winter		wAK25	6	1:12:56	0:18:32(69)	29:29(52)	0:48:01(63)	24:55(56)	0:25:08
63	1024	Nadine Hohmann		wAK45	11	1:13:15	0:18:42(70)	28:41(43)	0:47:23(61)	25:52(61)	0:25:27
64	1067	Julia Pierau		wAK25	7	1:15:56	0:15:44(38)	30:01(56)	0:45:45(49)	30:11(78)	0:28:08

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Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand
65	1065	Iana Korichneva		wAK30	5	1:16:13	0:17:19(61)	32:46(69)	0:50:05(69)	26:08(64)	0:28:25
66	1005	Barbara Sawitzky-Rose		wAK55	4	1:16:52	0:18:12(67)	29:09(49)	0:47:21(59)	29:31(76)	0:29:04
67	1055	Jenny Breistroffer		wAK30	6	1:17:16	0:17:17(60)	31:13(60)	0:48:30(65)	28:46(73)	0:29:28
68	1135	Nicki Gina Brudler		wAK25	8	1:17:33	0:19:06(74)	34:10(75)	0:53:16(74)	24:17(53)	0:29:45
69	1046	Antonia Altenburg		wAK40	14	1:18:00	0:17:49(64)	33:33(73)	0:51:22(73)	26:38(66)	0:30:12
70	1018	Doreen Walter		wAK45	12	1:18:19	0:16:37(51)	33:04(70)	0:49:41(68)	28:38(72)	0:30:31
71	1086	Xenia Rolke		wJugB	9	1:18:31	0:15:47(41)	34:53(77)	0:50:40(71)	27:51(69)	0:30:43
72	1006	Carmen Vallero		wAK55	5	1:19:30	0:19:41(78)	31:38(64)	0:51:19(72)	28:11(70)	0:31:42
73	1003	Karin Wollek	Team Oberhavel	wAK60	2	1:20:08	0:19:52(79)	33:30(72)	0:53:22(75)	26:46(67)	0:32:20
74	1033	Carolin Marggraff		wAK40	15	1:24:42	0:19:21(77)	39:05(82)	0:58:26(80)	26:16(65)	0:36:54
75	1048	Mascha Siebert		wAK35	5	1:25:05	0:19:12(75)	36:40(81)	0:55:52(79)	29:13(75)	0:37:17
76	1071	Lynn Tiemann		wAK25	9	1:26:19	0:19:12(75)	34:30(76)	0:53:42(76)	32:37(80)	0:38:31
77	1051	Theresa Lücke		wAK35	6	1:26:48	0:18:31(68)	36:35(80)	0:55:06(77)	31:42(79)	0:39:00
78	1034	Stefanie Gutschow		wAK40	16	1:29:02	0:21:24(81)	34:07(74)	0:55:31(78)	33:31(81)	0:41:14
79	1013	Nancy Knaack		wAK45	13	1:29:49	0:25:20(84)	35:34(78)	1:00:54(81)	28:55(74)	0:42:01
79	1015	Jessica Stahnke		wAK45	13	1:29:49	0:25:19(83)	36:07(79)	1:01:26(82)	28:23(71)	0:42:01
81	1054	Jennifer Köppel		wAK35	7	1:36:59	0:19:05(73)	44:22(85)	1:03:27(83)	33:32(82)	0:49:11
82	1000	Regina Larf	Fit mit Lucas	wAK60	3	1:42:51	0:24:46(82)	40:27(84)	1:05:13(84)	37:38(84)	0:55:03
83	1001	Silke Dahlhaus-Ott		wAK60	4	1:55:13	0:27:09(85)	51:24(86)	1:18:33(85)	36:40(83)	1:07:25
84	1075	Hannah Miller		wAK25	10	2:11:11	1:01:43(86)	39:32(83)	1:41:15(86)	29:56(77)	1:23:23
	1021	Marie Karim Khani	ZARTCHOR Berlin	wAK45			0:12:51(12)	31:48(66)	0:44:39(45)		
DNF	1090	Zoé Dierig	SV Stahl Hennigsdorf	wJugB			0:10:23(5)	24:00(7)	0:34:23(4)		