

36. Spreewald Triathlon 2026

Ergebnisse: Schnuppertriathlon Frauen

Platz	Stnr	Name	Verein	Ak	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rück.
1	444	Frida Zachlod	Tsv Cottbus Abt. Triathlon	wJugA	1	1:10:06	09:45(2)	36:12(3)	0:45:57(1)	24:09(7)	
2	443	Jasmin Wieding	Bernauer Lauffreunde	wAK25	1	1:11:25	11:36(19)	34:32(1)	0:46:08(2)	25:17(13)	01:19
3	357	Irina Berenfeld	SCC Berlin Triathlon	wAK50	1	1:12:07	13:06(43)	35:58(2)	0:49:04(5)	23:03(3)	02:01
4	361	Melanie Breitkopf	PotsRun	wAK30	1	1:12:19	11:03(12)	38:19(12)	0:49:22(8)	22:57(2)	02:13
5	375	Alina Görgens	Berlin	wAK25	2	1:13:03	12:27(31)	38:04(11)	0:50:31(15)	22:32(1)	02:57
6	442	Caroline Welsch	Berlin	wAK30	2	1:13:07	09:55(3)	37:11(7)	0:47:06(3)	26:01(20)	03:01
7	370	Jasmin Fischer		wAK25	3	1:13:31	10:26(6)	38:25(13)	0:48:51(4)	24:40(10)	03:25
8	398	Hannah Lewin	Team Vielfalt und Respekt	wAK55	1	1:13:54	11:33(18)	37:52(10)	0:49:25(9)	24:29(8)	03:48
9	360	Johanna Bill	Aqua Berlin	wJugA	2	1:14:29	10:57(9)	39:03(16)	0:50:00(12)	24:29(8)	04:23
10	376	Mia Görgens	Berlin	wAK20	1	1:15:21	11:46(21)	40:18(21)	0:52:04(23)	23:17(4)	05:15
11	381	Saskia Hildebrandt	ASV Zeuthen	wAK40	1	1:16:02	11:06(14)	38:57(15)	0:50:03(14)	25:59(17)	05:56
12	397	Jennifer Leu	BSV Medizin Marzahn 1990 e.V.	wAK30	3	1:16:05	11:00(10)	39:50(19)	0:50:50(18)	25:15(12)	05:59
13	654	Julia Köppen	Triathlon Team Berlin	wAK40	2	1:16:06	12:20(28)	36:58(5)	0:49:18(6)	26:48(27)	06:00
14	439	Louisa Stieger		wJugA	3	1:16:32	10:02(4)	40:31(22)	0:50:33(16)	25:59(17)	06:26
15	392	Tina Krauß	STV Limbach-Oberfrohna	wAK40	3	1:16:33	13:16(49)	36:44(4)	0:50:00(12)	26:33(24)	06:27
16	422	Christiane Riegenring	www.DieTurnmaeuse.de	wAK45	1	1:16:52	13:47(57)	37:00(6)	0:50:47(17)	26:05(22)	06:46
17	418	Sophia Pfaffinger	Berlin	wAK25	4	1:17:20	11:22(17)	41:01(27)	0:52:23(24)	24:57(11)	07:14
18	404	Gina Angelique Mehlis	Bernauer Lauffreunde	wAK20	2	1:17:24	11:02(11)	40:54(26)	0:51:56(22)	25:28(15)	07:18
19	475	Alexandra Elsen	ASV Zeuthen	wAK40	4	1:17:35	12:14(26)	39:21(18)	0:51:35(21)	26:00(19)	07:29
20	353	Henriette Angelmi	LG-Oberhavel	wAK40	5	1:17:50	11:44(20)	37:34(9)	0:49:18(6)	28:32(39)	07:44
21	412	Jana Müller	A3K Berlin	wAK50	2	1:18:30	09:28(1)	41:23(29)	0:50:51(19)	27:39(33)	08:24
22	438	Amelie Skora	SCC Berlin	wJun	1	1:18:42	13:01(39)	42:17(37)	0:55:18(39)	23:24(5)	08:36
23	417	Julia Pahnke	Berlin	wJugA	4	1:19:23	13:10(47)	42:19(39)	0:55:29(41)	23:54(6)	09:17
24	367	Laura Felber	TV Fürstenwalde 1990 e.V.	wAK40	6	1:19:37	12:29(32)	41:14(28)	0:53:43(32)	25:54(16)	09:31
25	372	Katja Gade	TVF	wAK50	3	1:20:08	11:53(22)	39:20(17)	0:51:13(20)	28:55(42)	10:02
26	405	Nicola Meining	TV 48 Schwabach	wAK55	2	1:20:16	13:01(39)	39:56(20)	0:52:57(27)	27:19(31)	10:10
27	378	Magdalena Gremmel	Performance Zone	wAK40	7	1:21:26	11:09(15)	38:39(14)	0:49:48(11)	31:38(61)	11:20
28	424	Cornelia Rußig	Wilschdorf	wAK50	4	1:21:35	13:08(45)	41:53(32)	0:55:01(36)	26:34(25)	11:29
29	391	Charlene Kraus	Potsdam	wJun	2	1:21:37	13:04(41)	42:11(36)	0:55:15(38)	26:22(23)	11:31
30	399	Anja Linke	Radebeul	wAK40	8	1:21:44	14:50(67)	40:52(25)	0:55:42(43)	26:02(21)	11:38
31	373	Anne Glischinski	A3K Berlin	wAK40	9	1:22:33	10:02(4)	42:31(43)	0:52:33(25)	30:00(50)	12:27
32	416	Aileen Oncken	Aileen Oncken	wAK35	1	1:22:40	12:39(33)	40:42(24)	0:53:21(29)	29:19(45)	12:34
33	363	Perrine Chancerel	Nitro-Glietzer*in	wAK45	2	1:22:53	10:37(7)	45:25(60)	0:56:02(45)	26:51(28)	12:47
34	430	Kerstin Schmidt	Bernauer Lauffreunde	wAK45	3	1:23:09	12:47(35)	43:08(48)	0:55:55(44)	27:14(30)	13:03
35	414	Lea Notz		wAK25	5	1:23:19	12:26(30)	42:56(47)	0:55:22(40)	27:57(36)	13:13
36	352	Charlotte Allnoch		wAK25	6	1:23:28	13:05(42)	42:35(44)	0:55:40(42)	27:48(34)	13:22
37	436	Heike Siemoneit	RC 1898 Radeberg e.V.	wAK50	5	1:23:33	13:32(54)	41:42(31)	0:55:14(37)	28:19(38)	13:27
38	354	Konstanze Behrendt		wAK45	4	1:23:35	14:41(66)	41:53(32)	0:56:34(49)	27:01(29)	13:29
39	426	Pia Saborrosch	BSV 1878	wAK25	7	1:23:48	12:00(24)	37:30(8)	0:49:30(10)	34:18(74)	13:42
40	369	Franka Fischer	DLRG Luckenwalde	wAK60	1	1:24:19	10:49(8)	41:56(34)	0:52:45(26)	31:34(60)	14:13
41	411	Hannah Müller		wAK20	3	1:24:25	12:08(25)	42:51(45)	0:54:59(34)	29:26(47)	14:19
42	423	Lena Riegenring	www.DieTurnmaeuse.de	wAK20	4	1:24:27	11:04(13)	43:31(50)	0:54:35(33)	29:52(49)	14:21
43	425	Lene Rußig	Wilschdorf	wAK20	5	1:24:59	12:56(38)	43:12(49)	0:56:08(47)	28:51(41)	14:53
44	413	Katja Müller	Tri-Sport Schwerin	wAK50	6	1:25:45	13:36(55)	43:37(52)	0:57:13(53)	28:32(39)	15:39
45	380	Ines Hengst	Erkner	wAK50	7	1:26:02	11:54(23)	41:23(29)	0:53:17(28)	32:45(69)	15:56
46	390	Susanne König	Berlin	wAK45	5	1:26:41	14:57(68)	43:36(51)	0:58:33(58)	28:08(37)	16:35
47	366	Kerstin Emmrich	ESV Lok Beucha	wAK40	10	1:26:58	13:09(46)	43:40(53)	0:56:49(50)	30:09(51)	16:52
48	440	Julia Wehnert	Tri-Finisher Berlin e.V.	wAK30	4	1:27:01	11:18(16)	42:10(35)	0:53:28(31)	33:33(71)	16:55
49	407	Amelie Michels	Team Vielfalt und Respekt	wAK20	6	1:27:15	12:19(27)	44:32(59)	0:56:51(51)	30:24(52)	17:09
50	415	Miriam Oczipka	Berliner Turnerschaft	wAK55	3	1:27:44	13:07(44)	44:12(57)	0:57:19(54)	30:25(53)	17:38
51	368	Ute Feldmann	Ausdauer-3-Kampftruppe Berlin	wAK55	4	1:27:57	13:21(51)	42:55(46)	0:56:16(48)	31:41(63)	17:51
52	362	Nicole Büttner	Ruderclub Turbine Grünau e.V.	wAK45	6	1:28:26	13:44(56)	42:20(40)	0:56:04(46)	32:22(66)	18:20
53	359	Rita Bewernitz	Neu Zauche	wAK40	11	1:28:41	14:00(59)	43:58(55)	0:57:58(57)	30:43(55)	18:35
54	435	Simone Seifert		wAK45	7	1:29:25	15:37(77)	44:21(58)	0:59:58(64)	29:27(48)	19:19
55	445	Katrin Zöllner	Lübben	wAK40	12	1:29:33	15:35(76)	42:18(38)	0:57:53(56)	31:40(62)	19:27
56	401	Maike Linke	Sportfreunde Linke	wAK45	8	1:29:47	12:39(33)	42:20(40)	0:54:59(34)	34:48(76)	19:41
57	408	Jenny Möller	Altglienicker Falken	wAK35	2	1:29:57	12:24(29)	45:27(61)	0:57:51(55)	32:06(65)	19:51
58	385	Ramona Jahn	Eichwalde	wAK40	13	1:30:03	15:04(70)	47:04(68)	1:02:08(71)	27:55(35)	19:57
59	382	Leonie Hoffmann	RSV Eintracht 1949 e.V	wJugA	5	1:30:16	14:13(62)	45:27(61)	0:59:40(63)	30:36(54)	20:10
60	691	Angela Jahreis	Bernauer Lauffreunde	wAK55	5	1:30:28	15:20(74)	45:44(64)	1:01:04(67)	29:24(46)	20:22
61	409	Simona Mühlstädt		wAK55	6	1:30:36	16:37(82)	47:19(69)	1:03:56(73)	26:40(26)	20:30
62	396	Klara Lehmann	Ick bün all hier	wAK20	7	1:31:30	15:03(69)	43:51(54)	0:58:54(60)	32:36(67)	21:24

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Platz	Stnr	Name	Verein	Ak	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rück.
63	377	Nadine Graßmel	Kornkäfer Luckau	wAK45	9	1:31:33	13:29(52)	45:27(61)	0:58:56(61)	32:37(68)	21:27
64	388	Anja Kloss	Sproitz	wAK55	7	1:31:45	12:51(36)	40:35(23)	0:53:26(30)	38:19(82)	21:39
65	429	Susanne Schmelcher	Berlin	wAK50	8	1:31:53	14:09(61)	46:13(65)	1:00:22(65)	31:31(59)	21:47
66	434	Linnea Seifert		wAK25	8	1:32:27	14:34(65)	46:50(67)	1:01:24(68)	31:03(57)	22:21
67	421	Daniela Rieck	TSV Marienfelde 1890 e.V.	wAK55	8	1:32:49	13:18(50)	48:37(74)	1:01:55(69)	30:54(56)	22:43
68	386	Lina Kittel	Cottbus	wAK20	8	1:33:16	13:50(58)	48:14(72)	1:02:04(70)	31:12(58)	23:10
69	406	Nelli Meßner	RSV	wJugA	6	1:34:36	14:26(63)	44:11(56)	0:58:37(59)	35:59(78)	24:30
70	364	Franziska Diste	ScC Berlin / Erdinger Activ Team	wAK40	14	1:34:55	14:28(64)	42:26(42)	0:56:54(52)	38:01(81)	24:49
71	400	Lara Linke	Berlin	wAK25	9	1:35:48	20:29(84)	47:46(71)	1:08:15(78)	27:33(32)	25:42
72	371	Linda Förste		wAK30	5	1:35:51	13:29(52)	49:05(75)	1:02:34(72)	33:17(70)	25:45
73	395	Corinna Kühlein		wAK30	6	1:35:56	19:56(83)	50:41(76)	1:10:37(82)	25:19(14)	25:50
74	446	Senta Zschippang		wJun	3	1:38:21	16:10(79)	53:04(80)	1:09:14(80)	29:07(43)	28:15
75	447	Zoe Zschippang		wJun	4	1:38:23	16:10(79)	53:04(80)	1:09:14(80)	29:09(44)	28:17
76	393	Susanne Kröger	Tri-Finisher Berlin e.V.	wAK55	9	1:38:28	12:51(36)	46:44(66)	0:59:35(62)	38:53(84)	28:22
76	403	Anke Medrow	PSV Rangsdorf	wAK50	9	1:38:28	13:15(48)	47:45(70)	1:01:00(66)	37:28(79)	28:22
78	387	Katja Klöppel	LT Bernd Hübner	wAK45	10	1:38:35	15:43(78)	48:31(73)	1:04:14(74)	34:21(75)	28:29
79	356	Yvonne Bellin	LC Michendorf	wAK55	10	1:39:10	15:09(72)	52:19(78)	1:07:28(76)	31:42(64)	29:04
80	358	Dörte Bettermann	Bekele Racingteam	wAK50	10	1:42:19	15:20(74)	52:43(79)	1:08:03(77)	34:16(73)	32:13
81	394	Andrea Krönke		wAK40	15	1:44:34	15:15(73)	51:46(77)	1:07:01(75)	37:33(80)	34:28
82	379	Johanna Haase		wAK30	7	1:47:26	15:04(70)	53:45(82)	1:08:49(79)	38:37(83)	37:20
83	431	Stephanie Schmiedel	Bayliner Hopfenhelden	wAK40	16	1:47:56	16:33(81)	56:29(84)	1:13:02(83)	34:54(77)	37:50
84	419	Isabelle Pochat	Nitro-Glietzer*in	wAK65	1	1:48:05	14:08(60)	59:52(86)	1:14:00(84)	34:05(72)	37:59
85	355	Caroline Bellin	LC Michendorf	wAK25	10	1:58:22	22:34(85)	54:45(83)	1:17:19(85)	41:03(85)	48:16
86	437	Michelle Sievers		wAK30	8	2:04:36	22:38(86)	59:51(85)	1:22:29(86)	42:07(87)	54:30
86	374	Jenny Glück	Berlin	wAK40	17	2:04:36	22:38(86)	59:53(87)	1:22:31(87)	42:05(86)	54:30