

## 2. Heidenauer Citylauf 2019

### Ergebnisse: 4 km Fitnesslauf

Gesamt	Platz m	Platz w	Stnr	Name	Verein	Ak	Platz AK	Gesamtzeit	Runde1	Runde2	Rückstand
1	1		189	Alexander Miethe	Las Babosas Dresden	M30	1	14:11	07:05(1)	07:06(1)	
2	2		196	Marco Rehn		M30	2	14:19	07:11(2)	07:08(2)	00:08
3	3		201	Eric Nitschke		M20	1	15:14	07:32(5)	07:42(3)	01:03
4	4		310	Georg Wiesner		M20	2	15:22	07:30(3)	07:52(4)	01:11
5	5		195	Carsten Stohn		M30	3	15:43	07:31(4)	08:12(6)	01:32
6	6		161	Lukas Nachtigall	SSV Heidenau	M20	3	15:51	07:53(7)	07:58(5)	01:40
7	7		291	Jonas Thierschmann		mU18	1	16:07	07:37(6)	08:30(10)	01:56
8		1	190	Hanna Kossiedowski		wU18	1	16:48	08:20(8)	08:28(9)	02:37
9	8		169	Jan Müller		M35	1	17:08	08:35(9)	08:33(11)	02:57
10	9		170	Markus Neukirch		M30	4	17:09	08:48(11)	08:21(7)	02:58
11	10		191	Norbert Fuhrmann	Mühlbacher Holzwurm	M50	1	17:21	08:55(13)	08:26(8)	03:10
12		2	188	Ina Jäkel	Dresden	W20	1	17:50	08:38(10)	09:12(15)	03:39
13	11		168	Timo Schwarzmeier		M40	1	17:53	08:54(12)	08:59(12)	03:42
14		3	179	Ramona Schrodtt		W40	1	18:04	09:00(15)	09:04(13)	03:53
15	12		162	Norman Kabbert		M30	5	18:25	09:14(16)	09:11(14)	04:14
16	13		193	Felix Kollender		M35	2	18:31	08:58(14)	09:33(16)	04:20
17	14		176	Yannik Weißling	Skizunft Dresden	mU16	1	19:15	09:35(18)	09:40(17)	05:04
18	15		187	Uwe Schlenkrich	Festung Königstein	M55	1	19:18	09:35(18)	09:43(18)	05:07
19	16		198	Matthias Sahr	Schillerstraße e.V.	M30	6	20:01	10:00(23)	10:01(20)	05:50
20	17		154	Markus Bresch	Heidenauer SV	M40	2	20:02	09:37(20)	10:25(24)	05:51
20	17		199	William Döbereiner	Schillerstraße e.V.	M30	7	20:02	10:00(23)	10:02(21)	05:51
20	17		197	André Seifert	Schillerstraße e.V.	M45	1	20:02	10:02(25)	10:00(19)	05:51
23		4	166	Romy Rußig		W30	1	20:10	09:59(22)	10:11(22)	05:59
24	20		158	Rico Möbius		M35	3	20:11	09:26(17)	10:45(26)	06:00
25		5	200	Manuela Lütznier-Kaune		W45	1	20:24	09:58(21)	10:26(25)	06:13
26	21		323	Noel Lessig		mU14	1	20:29	10:16(26)	10:13(23)	06:18
27		6	288	Kinga Frak		W35	1	21:06	10:21(27)	10:45(26)	06:55
28		7	173	Claudia Kranig	DM Flitzer	W35	2	21:09	10:21(27)	10:48(29)	06:58
28		7	172	Ines Lieber	DM Flitzer	W35	2	21:09	10:23(29)	10:46(28)	06:58
30	22		286	Marco Schönherr	DA VINCI CLUB	M30	8	21:14	10:25(31)	10:49(30)	07:03
31		9	304	Daniela Rast	DLRG Heidenau	W45	2	21:31	10:28(32)	11:03(31)	07:20
32	23		171	Paul Große		mU16	2	21:59	10:24(30)	11:35(35)	07:48
33		10	160	Marlis Schomanek		W40	2	22:15	11:01(35)	11:14(32)	08:04
34		11	156	Stefanie Hein	Königstein	W40	3	22:29	10:58(34)	11:31(34)	08:18
35		12	192	Nicole Marder		W35	4	22:35	10:56(33)	11:39(36)	08:24
36		13	164	Judith Esterl		wU12	1	23:17	11:14(38)	12:03(37)	09:06
37		14	324	Cornelia Buettner		W45	3	23:26	11:59(43)	11:27(33)	09:15
38		15	167	Julia Schwarzmeier		W30	2	23:45	11:07(36)	12:38(42)	09:34
39		16	155	Antje Keitel		W50	1	24:00	11:20(39)	12:40(43)	09:49
40		17	177	Christine Buchs		W60	1	24:22	11:52(41)	12:30(40)	10:11
40	24		178	Eberhard Buchs	Dresden	M60	1	24:22	11:52(41)	12:30(40)	10:11
42		18	163	Claudia Esterl		W35	5	24:40	11:37(40)	13:03(44)	10:29
43		19	327	Marion Kusnerek		W35	6	25:03	12:35(46)	12:28(39)	10:52
43	25		326	Robby Neuhof		M40	3	25:03	12:36(47)	12:27(38)	10:52
45		20	157	Sylvia Möbius		W35	7	27:24	12:52(48)	14:32(45)	13:13
46	26		180	Manfred Lehmann	Dresden	M80	1	32:25	16:47(49)	15:38(46)	18:14
DNF			165	Olaf Möbius		M60			11:11(37)		
DNF			285	Thomas Weinhold		M35			12:10(44)		
DNF			325	Selma Buettner		wU12			12:12(45)		