

The Rox 2026

Ergebnisse: 2er Team Women

Platz	Startnr	Teamname	TN1	TN2	Run1+Burpee B. Jumps	Run2+Weighted Lunges	Run3+Slam Ball G2OH	Run4+Navy Sh. Run	Run5+Push-Ups	Endzeit	Rückstand
1	140	Team Twins	Nikki Diering	Sia Raffert	05:04(1)	5:20(1)	5:53(1)	5:31(1)	5:10(1)	26:58	
2	158	Cardio-Queens	Jana Lobe	Nicole Reinhardt	06:04(6)	5:51(2)	6:25(2)	5:57(3)	5:14(2)	29:31	02:33
3	168	Fast & Furious	Anna Pieves	Malika Klös	05:51(3)	6:05(6)	6:40(5)	5:49(2)	5:28(4)	29:53	02:55
4	159	Beauty and the beast	Daniela Held	Jasmina Carosella	05:56(4)	5:55(3)	6:39(4)	6:07(4)	5:48(10)	30:25	03:27
5	138	Fix x Fix	Franziska Schleife	Levke Caesar	06:03(5)	5:58(4)	6:55(9)	6:09(5)	5:52(13)	30:57	03:59
6	142	Sweat & Steel	Sandra Werner	Nicole Schröder	05:43(2)	6:05(6)	6:45(7)	7:02(14)	5:54(14)	31:29	04:31
7	121	Team Hasenheide	Cornelia Valentin	Carola Steffin	06:26(9)	6:14(8)	6:54(8)	6:13(6)	5:44(8)	31:31	04:33
8	171	Die Easy Stepper	Amy Groba	Noelle Bebensee	06:25(8)	6:25(13)	7:00(11)	6:29(9)	5:29(5)	31:48	04:50
9	155	Jenny & Stephie	Jenny Bergau	Stephie Schmidt	06:57(15)	6:16(9)	6:41(6)	6:27(8)	5:29(5)	31:50	04:52
10	156	Barbells & Wodka	Yulia Modreva	Steffi Hardge	06:28(10)	6:29(14)	7:11(14)	6:16(7)	5:44(8)	32:08	05:10
11	154	reps before rest	Lisa Bunzel	Sophie Stegmann	07:20(16)	6:17(10)	6:58(10)	6:41(11)	5:50(11)	33:06	06:08
12	102	Center Fighter	Madlen Hirschmann	Jessica Freimuth	06:54(13)	6:47(17)	7:05(12)	7:09(17)	5:27(3)	33:22	06:24
13	152	Fueled by Chaos	Alina Kaiser	Michelle Ribbecke	06:23(7)	6:17(10)	7:45(16)	7:09(17)	5:56(15)	33:30	06:32
14	136	Aileen & Katrin	Aileen Villbrandt	Katrin Abel	06:52(12)	6:42(15)	7:26(15)	7:11(19)	5:41(7)	33:52	06:54
15	145	No Rest Besties	Janine Kuhn	Bianca Hornschuch	06:54(13)	6:44(16)	6:35(3)	7:31(21)	6:12(16)	33:56	06:58
16	151	Turbienchen	Friederike Punkt	Ioana Briesemeister	07:55(20)	6:17(10)	7:08(13)	6:30(10)	6:13(17)	34:03	07:05
17	160	Power Queens	Karlotta Thiele	Laura Dumay	06:47(11)	6:01(5)	7:52(18)	7:08(16)	6:53(20)	34:41	07:43
18	129	MaNiac	Nicole Viohl	Mandy Arnoldt	07:36(18)	7:04(19)	7:46(17)	7:15(20)	6:18(18)	35:59	09:01
19	105	High Speed Girls	Mady Wolff	Nicolle Kuhnert	08:07(21)	7:36(21)	7:59(19)	6:49(12)	5:51(12)	36:22	09:24
20	163	Easy Running	Kathleen Wallnet	Jana Sherpa	08:48(23)	7:36(21)	8:31(21)	7:05(15)	6:57(21)	38:57	11:59
21	120	Team CaSi	Kerstin Carl	Simone Thurran	08:08(22)	7:13(20)	8:14(20)	8:21(22)	7:13(23)	39:09	12:11
22	147	Double Trouble	Anabell Zylla	Mara Kruspe	07:35(17)	8:06(24)	9:25(24)	8:35(23)	6:51(19)	40:32	13:34
23	149	Chili	Franziska Krüger	Kathrin Lindner	10:35(24)	6:59(18)	8:56(22)	7:01(13)	7:11(22)	40:42	13:44
24	146	mama.tochter.hyrox	Angelique Geburtig	Alexandra Geburtig	07:54(19)	8:04(23)	9:14(23)	8:54(24)	7:24(24)	41:30	14:32