

# The Rox 2026

## Ergebnisse: 2er Team Men

Platz	Startnr	Teamname	TN1	TN2	Run1+Burpee B. Jumps	Run2+Weighted Lunges	Run3+Slam Ball G2OH	Run4+Navy Sh. Run	Run5+Push-Ups	Endzeit	Rückstand
1	196	Nhan & LeHo	Nhan Trang Ky Vo	Ho gia Kinh	3:58(1)	4:19(1)	5:43(2)	04:47(1)	4:23(1)	23:10	
2	150	265	Emanuel Schmücker	Elia Bösel	3:58(1)	4:30(2)	5:31(1)	05:24(3)	4:44(2)	24:07	00:57
3	165	No pain, two gain	Kevin Bartel	Lukas Wachholz	4:43(7)	4:30(2)	5:46(3)	05:14(2)	5:02(6)	25:15	02:05
4	113	Chris & Benjamin	Chris Weber	Benjamin Hackl	4:37(4)	4:58(4)	5:59(4)	05:30(4)	4:50(4)	25:54	02:44
5	162	Brainjack	Hanko Schanze	Christopher Waldow	4:39(5)	5:00(5)	6:18(6)	05:45(7)	4:48(3)	26:30	03:20
6	175	ProtoKai 88	Alexander Protopopov	Fahed Kaiser	4:42(6)	5:05(6)	6:29(9)	05:44(6)	5:26(10)	27:26	04:16
7	133	CF-Zossen	Nils Endemann	Cucine Stanislav	4:27(3)	5:26(8)	6:37(10)	06:15(11)	5:01(5)	27:46	04:36
8	167	No off Season	Nico Schätzlein	Adrian Licht	5:14(8)	5:22(7)	6:12(5)	05:45(7)	5:20(8)	27:53	04:43
9	109	Unrasierte Rennradfreunde	Axel Wilke	Thomas Nagat	5:23(10)	5:42(12)	6:23(7)	05:36(5)	5:19(7)	28:23	05:13
10	110	Unrasierte Rennradfreunde Lutter	Andreas Lutter	Rene Grundey	5:25(11)	5:31(9)	6:24(8)	06:25(13)	6:06(16)	29:51	06:41
11	176	Aurel & Robin	Aurel Velio	Robin Neumann	6:36(17)	5:31(9)	6:42(11)	05:52(9)	5:22(9)	30:03	06:53
12	161	Kroko-Athleten	Eric Putzbach	Sandro Leopold	5:33(14)	5:54(13)	6:49(13)	06:19(12)	5:37(11)	30:12	07:02
13	148	Family Fast	Niklas Haas	Dennis Petraschk	5:30(13)	6:00(14)	6:44(12)	06:11(10)	5:57(14)	30:22	07:12
14	170	Pain and Game	Alexander Braunsdorf	Philipp Rimane	5:26(12)	5:38(11)	7:07(14)	06:33(14)	5:43(12)	30:27	07:17
15	172	Iron Ecki	Pascal Eckert	Fabian Finder	5:22(9)	6:55(19)	7:54(16)	07:27(17)	6:01(15)	33:39	10:29
16	169	The Captains	Steven Heese	Stefan Ludwig	6:44(18)	6:46(18)	7:18(15)	07:26(16)	5:52(13)	34:06	10:56
17	164	Flinke Lunge	Ronny Schwarze	Andre Gläser	5:53(16)	6:39(17)	7:58(17)	07:02(15)	6:42(17)	34:14	11:04
18	174	Paul & Axel	Paul Stein	Axel Stein	5:46(15)	6:20(16)	8:17(19)	09:23(20)	6:45(18)	36:31	13:21
19	166	CF Boys	Paul Henning	Alexander Dreiling	6:47(19)	7:59(21)	9:06(21)	08:18(19)	7:11(19)	39:21	16:11
20	173	Gebrüder Than	Henning Than	Lennart Than	7:57(21)	6:06(15)	8:22(20)	10:29(21)	9:16(20)	42:10	19:00
DNF	132	Nicsik	Steffen Mrosik	Andrew Nickel	7:03(20)	7:32(20)	7:58(17)	08:03(18)			