

# Empor Lauf 2026

## Ergebnisse: 10 km

Platz	Platz m	Platz w	Startnr	Name	Verein	Ak	Platz AK	Endzeit	Runde1	Runde2	Runde3	Runde4	Rückstand
1	1		124	Jack Berger	SV Elbland Coswig/Meißen e.V.	M45	1	0:42:52	09:47(1)	10:36(1)	11:05(1)	11:24(1)	
2	2		157	Mario Hädicke	Luckauer Läuferbund	M45	2	0:45:07	10:19(2)	11:05(2)	11:42(2)	12:01(2)	02:15
3		1	127	Pia Görner	Dahme/Mark	wU20	1	0:46:15	11:03(4)	11:08(3)	12:02(3)	12:02(3)	03:23
4	3		137	Jan Peter	Dahme/ Mark	M55	1	0:47:19	11:01(3)	11:48(4)	12:13(5)	12:17(5)	04:27
5	4		135	Lars Wildau	Luckau	M35	1	0:47:52	11:51(7)	11:49(5)	12:06(4)	12:06(4)	05:00
6	5		168	Oliver Rathert		M45	3	0:49:36	11:41(6)	12:28(7)	13:05(7)	12:22(6)	06:44
7	6		132	Wilhelm Tarnow	SV Grün-Weiß Lübben	M20	1	0:49:42	11:54(8)	12:09(6)	12:38(6)	13:01(8)	06:50
8	7		141	Olaf Michaelis	TSV Empor Dahme	M45	4	0:50:11	11:35(5)	12:31(8)	13:06(8)	12:59(7)	07:19
9		2	134	Mandy Wolff	Golßen	W50	1	0:52:47	12:32(11)	13:05(10)	13:28(9)	13:42(9)	09:55
10	8		144	Sebastian Blümel	SG Gießmannsdorf e.V.	M35	2	0:55:33	13:14(13)	13:18(11)	14:12(12)	14:49(12)	12:41
11	9		138	Marcel Neubert	Luckau	M40	1	0:55:41	15:30(18)	12:52(9)	13:34(10)	13:45(10)	12:49
12	10		136	David Kaluza	Amt Dahme/Mark	M55	2	0:56:32	13:16(14)	13:27(13)	14:11(11)	15:38(14)	13:40
13		3	131	Robyn Marita Schüler	URSUS Immortalis	wU16	1	0:56:42	12:11(10)	14:08(15)	15:37(15)	14:46(11)	13:50
14	11		143	Rene Martens	FSV Zützen	M45	5	0:56:53	12:00(9)	13:24(12)	15:50(16)	15:39(15)	14:01
15		4	125	Heike Maixner	Luckauer Läuferbund	W60	1	0:57:04	13:19(15)	14:01(14)	14:48(13)	14:56(13)	14:12
16	12		126	Andre Weigt	Rosenthaler Lauffreunde	M55	3	1:00:07	13:54(16)	14:19(16)	14:59(14)	16:55(16)	17:15
17	13		139	Gerd Kirmse	LUCKAUER Läuferbund	M75	1	1:06:06	15:18(17)	15:23(17)	17:33(17)	17:52(18)	23:14
18		5	130	Julia Seydel	Dahme	W40	1	1:10:00	16:43(19)	17:28(18)	18:01(18)	17:48(17)	27:08
19	14		142	Karl Kühne	TSV Empor Dahme	mU16	1	1:12:07	12:36(12)	18:19(19)	21:32(19)	19:40(19)	29:15