



BerlinWoMan 2026

Mitteldistanz Triathlon

Helmut Jansen

URKUNDE



2 km Schwimmen

0:47:58(164)



80 km Radfahren

2:36:01(112)



20 km Laufen

1:48:35(162)

Endzeit: 5:12:34

7. Platz

Altersklasse: mAK55

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SPORTMETROPOLE

BERLIN

